

North District Cross Country Championships Individual Medallists (Senior Women)

No Trophy

First held in

Scottish Athletics Federation/Scottish Athletics Limited

2025-6	Catriona Graves	Highland HR	30.49	Sarah Hodgson	Highland HR	3.44	Moira Davie	Forres H	31.46
2024-5	Sarah Hodgson	Highland HR	31.04	Molly Rasch	Highland HR	31.08	Catriona Graves	Highland HR	31.40
2023-4	Helen Leigh	Inverness H	30.01	Sarah Hodgson	Highland HR	31.04	Molly Rasch	Highland HR	31.08
2022-3	Catriona Graves	Highland HR	28.10	Zoe Harding	Highland HR	31.06	Sarah Attwood	Skye & Lochalsh RC	31.29
2021-2	Catriona Fraser	Inverness H	31.11	Kirstie Rogan	Highland HR	31.30	Sarah Attwood	Skye & Lochalsh RC	31.47
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Moira Davie	Forres H	33.26	Emma Watt	JSK RC	33.35	Caroline Marwick	Inverness H	33.38
2018-9	Eilidh Mackenzie	Stornoway RAC	30.20	Catriona Morrison	Highland HR	30.36	Kirstie Rogan	Moray RR	30.46
2017-8	Eilidh Mackenzie	Stornoway RAC	27.44	Jessica Tullie	Forres H	27.52	Rhona Grant	Highland HR	28.30
2016-7	Moira Davie	Forres H	24.30	Helen Gertig	Inverness H	25.10	Louise Cartmell	Moray RR	25.31
2015-6	Eilidh Mackenzie	Stornoway RAC	25.06	Sarah Liebnitz	Inverness H	25.30	Rhona Grant	Highland HR	26.42
2014-5	Moira Davie	Forres H	24.42	Rhona Grant	Highland HR	25.02	Helen Gertig	Inverness H	25.16
2013-4	Eilidh Mackenzie	Stornoway RAC	27.07	Moira Davie	Forres H	27.25	Sarah Liebnitz	Inverness H	28.29
2012-3	Eilidh Mackenzie	Stornoway RAC	28.47	Moira Davie	Forres H	29.16	Roma Shepherd	Inverness H	30.14
2011-2	Jenny Bannerman	Inverness H	28.48	Moira Davie	Forres H	29.07	Emma Atkinson	Inverness H	29.24
2010-1	Eilidh Mackenzie	Stornoway RAC	27.31	Moira Davie	Forres H	28.23	Dawn Scott	Lochaber AAC	28.43
2009-10	Melissa Whyte	Inverness H	25.16	Gemma Cormack	Morray RR	27.04	Sheila Gollan	Inverness H	27.50
2008-9	Nicola Meekin	Lochaber AAC	25.30	Melissa Whyte	Inverness H	25.40	Dawn Scott	Lochaber AAC	25.47
2007-8	Claire Wilson	Shetland AAC	25.05	Mari Todd	Highland HR	25.52	Dawn Scott	Lochaber AAC	26.31
2006-7	Mari Todd	Highland HR	26.10	Dawn Scott	Lochaber AAC	26.40	Siobhan Evans	Forres H	27.40
2005-6	Morag Ross	Inverness H	26.20	Dawn Scott	Lochaber AAC	27.06	Doris Leonard	Orkney Isles AC	27.33
2004-5	Eleanor Reid	Inverness H	27.37	Karen McLeod	Stornoway RAC	29.37	Elsepth Laird	Moray RR	29.54
2003-4	Jane Barker	Moray RR	25.10	Dawn Scott	Lochaber AAC	25.23	Siobhan Evans	Forres H	26.28
2002-3	Jane Barker	Moray RR	27.48	Dawn Scott	Lochaber AAC	28.00	Fiona Dahl	Inverness H	29.14
2001-2	Marie Duthie	Fraserburgh AC	25.44	Jane Ogilvie	Moray RR	26.12	Siobhan Evans	Forres H	26.33
2000-1	Julie Wilson	Inverness H	28.03	Siobhan Evans	Forres H	28.25	Anne MacLean	Inverness H	29.53
1999-2000	Siobhan Evans	Forres H	27.20	Anne MacLean	Inverness H	27.37	Ann Smart	Inverness H	28.35
1998-9	Marie Duthie	Fraserburgh AC	20.01	Alison Campbell	Inverness H	21.53	Julie Anderson	Lochaber AAC	22.16
1997-8	Angle Ross	Nairn AC	20.53	Anne MacLean	Inverness H	21.48	Katie Boocock	Inverness H	21.58
1996-7	Angle Ross	Nairn AC	22.13	Jennifer Rankin	Inverness H	23.23	Julie Anderson	Lochaber AAC	23.35
1995-6	Ann Smart	Inverness H	27.44	Louise Davidson	Moray RR	28.11	Julie Wilson	Inverness H	28.14
1994-5	Margaret Adamson	Minolta Black Isle AAC	24.20	Catherine Simpson	Forres H	24.29	Kait Farmer	Caithness AC	25.34
1993-4	Sheila Gollan	Inverness H	22.00	Ann-Marie Reid	Lochaber AAC	23.28	Claire Falconer	Minolta Black Isle AAC	23.57
1992-3	Ann Smart	Inverness H	18.26	Margaret Adamson	Inverness H	18.41	Louise Davidson	Moray RR	19.03

